All Shook Up

Choreographer: Randy & Stephanie Krul

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: All Shook Up by Elvis Presley
All Shook Up by Billy Joel

Note: With the specific music mentioned, at the 4th, 6th and 7th walls, the first 16 counts are dropped to fit the music for the EP song, and at the 4th and 6th walls, the first 16 counts are dropped to fit the music for the BJ version

Beats / Step Description

VINE LEFT WITH 4 HEEL STEPS

1-8 Vine left with four heel steps starting with right crossing over left, side left, right behind, side left

RIGHT KICK BALL CHANGE WHILE MOVING RIGHT

9-16 Right kick ball change-four times while moving to the right

RIGHT AND LEFT TOES TO SIDE

17-24 Touch right toe to side, step right together,
Touch left toe to side, step left together,
Touch right toe to side, step right together,
Touch left toe to side, step left together.

SAILOR STEPS

25-32 Kick for right, side right, rock/step right behind left, step left in place, step side right. Repeat with left, stomping on last step (count is 1, 2, 3 & 4, 5, 6, 7 & 8)

SWIVEL HEELS AND TOES MOVING RIGHT

33-36 Moving right, swivel heels, toes, heels, toes

½ TURN LEFT, ¼ TURN LEFT

37-40 Step forward right, pivot ½ military turn, step forward right, pivot ¼ to left.

JUMP FEET APART AND PULL WITH HANDS

Jump forward with feet apart-right, left-hold, extending arms forward, pull hands back to waist and grunt Unh!, Hold

HIP BUMPS

The following wiggles are done to the words "All Shook Up"

- Wiggle hips to the left (all)
- Wiggle hips to the right (shook)
- Wiggle hips to the left (up)
- 48 Hold

Smile and Begin Again